



Holy Family Bookstore

1519 Fremont Avenue, South Pasadena, CA 91030 February 10, 2008

Staff Book Pick of the week....

Self Meditation

Alston shared this wonderful little book with us and I am so pleased to share it with you.

Created by author Barbara Ann Kipfer, *Self Meditation* is a compulsive, instantly accessible list of hundreds and hundreds of meditation practices that can be done during the course of our daily lives. You don't need to go to a mountain retreat, renounce meat, or walk through coals on the soles of your feet—here's a meditation to have with a cup of tea. A waiting-in-line meditation. Meditations while reading, eating, doing sit-ups, working, shopping, or finding yourself stuck in a traffic jam (especially while stuck in a traffic jam). There are breaths to take and praises to give, and throughout, ways to slow down and finally smell the roses—or hear the crickets—or see the stars. It's a delicious spiritual tonic that includes meditation basics. A completely portable guide, so that at any moment of the day or night, we can all catch our inner breath.

DVDs ARE NOW AVAILABLE
FOR ALL THREE DAYS OF THE
2008 Holy Family Parish Mission
With Father Dennis Maher

Bookstore Hours

SUNDAY

9:00 a.m. to 3:00 p.m.

MONDAY & TUESDAY

CLOSED

WEDNESDAY

10:00 a.m. to 7:00 p.m.

THURSDAY, FRIDAY,

SATURDAY

10:00 A.M. to 5:00 p.m.

One Day Only... Today
A Jewelry Trunk Show, featuring
the creations of

Marisol Hernandez

9:00 a.m. to 2:00 p.m.

On Sunday, February 10, just in time for Valentine gifting, we are pleased to present the stunning and unique jewelry creations of Marisol Hernandez. Necklaces, rings, bracelets and earrings fashioned in sterling silver and gold-fill with semi-precious stones will be available for sale. Moderately priced in the \$20-\$60 price range, many of these pieces are one-of-a kind.

Be sure to stop by the Bookstore today and visit with Marisol while browsing through her jewelry collection.

BELOVED Just Arrived!!

In this rare, previously unpublished interview Henri Nouwen, one of the most deeply loved spiritual teachers of recent times, reflects on themes that were central to his life and thought.

Beloved records in both spoken and written form a treasured conversation that took place in the summer of 1992 at a retreat center in England. The CD enables one to listen to Nouwen's distinctive voice as he speaks about such things as transforming our loneliness, escaping the tyranny of busyness, and choosing to live in ways that, moment by moment, remind us of who we are? the beloved of God.

The book shows this conversation to be studded with gems of spiritual wisdom that merit slow, contemplative reading. Included are questions for reflection or discussion, *Beloved* is perfect for individual or group retreats or for personal listening and reading. Here is a depth of wisdom to turn to again and again.

Beloved is a great value....a book and CD for the price of a book.

One City, Two Brothers

This book written by Chris Smith and illustrated by Aurelia Fronty from Barefoot Books is intended for children ages 4-10. It is a beautifully illustrated folk tale, with both Jewish and Arabic roots and tells the origins of the city of Jerusalem. Two brothers bring each other a gift in secret—three bags of grain—so each finds himself having neither more nor less than the day before. The brothers travel up and down the valley by night, until they surprise each other in the middle. "That blessed spot where the two brothers met, became the site of the holy temple." This is a beautiful example of the shared traditions of an extraordinary and turbulent city.

Child's Guide to the Stations of the Cross

Sue Stanton, author of the best-selling *Child's Guide to the Mass*, combines the time-honored prayers and format of the Stations of the Cross with a fresh perspective for today's children. Tapping the rich treasures and traditions of the Church, she helps children learn *how to pray* the Stations, whether alone or in a group. Then her clear, insightful reflections help children understand *how to find meaning* in each Station that immediately applies to their lives right now.

Illustrator Anne Catharine Blake steps back from the light-filled colors she normally uses for this award-winning series. Instead, in this book she evokes the quiet thoughtfulness of Lent. Her age-appropriate pictures are tender, sad, and deeply moving, yet at the same time avoid the bleakness so often associated with the Stations. The Fifteenth Station is included, but is explained as one that is prayed in some but not all parishes.

As teachers, catechists and parents continue to rediscover the endless wealth of Church traditions, they will find the *Child's Guide to the Stations of the Cross* an excellent way to combine the best of the past with the best of the present.

Just a note....the Holy Family Bookstore carries the entire "Child's Guide" series. Be sure to ask for assistance from our staff in locating them. They are valuable tools for educating children in the rich traditions of the Catholic Church.

It's never too early to think about shopping for First Communion and Confirmation

Reading Group Selections in Stock at the Holy Family Bookstore

Men's Reading Group—February

Joshua's Family

By Joseph F. Girzone

In this follow-up to *The Parables of Joshua*, Girzone travels back in time, painting a captivating portrait of the mother and father who nurtured Joshua, and of the friends and neighbors who viewed the unusually precocious child with an uneasy balance of wonder and skepticism.

Women's Reading Group—February

Basilica

By R.A. Scotti

In 1506, the ambitious Renaissance Pope Julius II tore down the most sacred shrine in Europe--the millennium-old St. Peter's Basilica. Construction of the new St. Peter's spanned two centuries, embroiled 27 popes, and consumed the genius of the greatest artists of the age.

The Holy Family Reading Groups explore a diverse group of books in their monthly meetings. The upcoming selections are very exciting. The choices are thoughtfully made and even if you cannot join the groups in discussion of the books, we encourage you to take a peruse their monthly selections if you are looking for interesting personal reading.

If you would like to join the book discussions, dates and times of the

Staff Pick of the Week.....

Hand-held Mahogany Cross



One of our favorite crosses in the Bookstore, is a simple wooden cross, carefully shaped and finished to be smooth and very comfortable (and comforting) to hold in the palm of the hand.

We recommend it for all people, regardless of gender or age. Pastors can hold it while preaching, soloists while singing, people going through chemotherapy, surgery, and other physical pain and crisis can find comfort in its rich symbolism. It's also given as gifts to caretakers, teens in Confirmation and graduation, for couples starting out their married life together, and the birth of a new baby. Also people in 12 step programs, share groups and those experiencing the grieving process. In other words, the crosses are God's reminders to anyone and everyone experiencing life. In many ways the cross reminds us that as we hold the cross, God holds us in the "palm of His hand."

Hold one in your hand, then you'll understand.