



invites you to the

2010 LENTEN RETREAT FOR WOMEN

**SEVEN SACRED PAUSES:
LIVING MINDFULLY THROUGH THE HOURS OF THE DAYS**

with

SR. MACRINA WIEDERKEHR

nationally acclaimed author and retreat leader

on



FRI. FEB. 19

AND

SAT. FEB. 20

7:00 - 9:00 p.m.

9:00 a.m. - 4:00 p.m.

Holy Family Church

Church Hall

1527 Fremont Ave

Bring a brown bag lunch

South Pasadena

Drinks, snacks & sweets will be provided

**Learn how to pause - intentionally & contemplatively -
during the seven sacred seasons of the day**

Sister Joyce Rupp says, What a joy and blessing it is to know Benedictine sister, Macrina Wiederkehr. We have given retreats together and co-authored a book, The Circle of Life. I have received so much inner growth from my years of friendship with this deeply faith-filled woman.

Retreat Registration Fee - \$40. After February 15 - \$45.

A limited number of Retreat fee scholarships available. Address requests to Carlotta De Francisco, Chair, wsc@holymfamily.org.



Please detach

Please detach

REGISTRATION FORM return or mail to:

The Women's Connection, Pastoral Center, Holy Family Church, 1527 Fremont Avenue, South Pasadena, California 91030

Name _____ Phone () _____
Last First

Address _____
Street name & number City Zip Code

Email _____ @ _____ Parish _____
Your address will be kept confidential

Retreat Fee of \$40 is enclosed (\$45 after February 15). Make check payable to Holy Family Church.

I wish to be a Retreat Scholarship Sponsor and have enclosed a \$40 donation.