

COMMUNITY RESOURCE LIST - LOS ANGELES

Text/Call Hot Lines:

Crisis/Suicide Hotline: 988 Website: <https://988lifeline.org/>

LGBTQ+ Hotline: 1-866-488-7386; Website: <https://www.thetrevorproject.org>

Domestic Violence Hotline: 1-810-238-7233 website: <http://www.ywcaflint.org/crisis-counseling.html>

Community Referral List - Los Angeles/ San Gabriel

Name of Clinic	Services	Address	Phone Number	Fees
Los Angeles Child Guidance Clinic	Counseling for children, families, testing (emotional & behavioral) - Parenting classes Waiting list: 3-4 months Sliding fee scale Spanish speaking counselors available	3787 S. Vermont Avenue, Los Angeles, CA 90007	(323) 766-2345	Sliding Scale
		3031 S. Vermont Avenue, Los Angeles, CA 90007	(323) 373-2400	Sliding Scale
		4401 Crenshaw Blvd., Los Angeles, CA 90043	(323) 290-8360	Sliding Scale
Violence Intervention Program (VIP) Community Mental Health	Counseling for Depression, anxiety, PTSD, Developmental Delay. Spanish, Mandarin, Persian, Armenian and Cantonese services available	1721 Griffin Avenue Los Angeles, CA 90031	(323) 221-4134	Sliding Scale
Southern California Counseling Center	Counseling for Individual, couple, family, domestic violence	5615 W. Pico Blvd., Los Angeles, CA 90019	(323) 937-1344	Sliding Fee: \$11 – \$90
Hollywood Sunset Free Clinic	Free counseling for teens	3324 W. Sunset Blvd. Los Angeles, CA 90026	(323) 661-0718	Sliding Fee
Center for Individual & Family Counseling	Counseling for adults, children, couples, families, parenting classes	5445 Laurel Canyon Blvd., No Hollywood, CA 91607	(818) 761-2227	Sliding fee scale: \$25 - \$110
South Bay Center for Counseling	Counseling for individual, family, parenting classes, relationship & women's groups	360 N. Sepulveda Blvd., Suite 2075 El Segundo, CA 90245	(310) 414-2090	Sliding fee scale: \$60 - \$300 / 4 counseling sessions
Vista Del Mar Child & Family Services	Counseling, Psychological Testing, residential treatment	3200 Motor Avenue Los Angeles CA 90034	(310) 836-1223	

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Community Referral List - Los Angeles/ San Gabriel...(Cont.)

Name of Clinic	Services	Address	Phone Number	Fees
Inglewood Medical & Mental Health	Counseling, Substance abuse	4450 W. Century Blvd Inglewood CA 90304	(310) 671-0555	
Didi Hirsch Mental Health Center- Inglewood	Child & Family, Adults, Transitional Age Youth	323 North Prairie Avenue Inglewood CA 90301	(310) 677-7808	

Community Referral List - San Gabriel

Name of Clinic	Services	Address	Phone Number	Fees
California Counseling Services	Counseling for individuals/families	500 N. 1st Avenue, #8 Arcadia, CA 91006	(626) 445-0555 (626) 445-0355 (fax)	Sliding fee scale: \$30 - \$90
Pasadena Mental Health Center	Counseling for individuals, adolescent, couples, family	1495 N. Lake Avenue, Pasadena, CA 91104	(626) 798-0907	Sliding fee scale: \$5 - \$50

Community Referral List - San Fernando Valley

Name of Clinic	Services	Address	Phone Number	Fees
California Family Counseling Center	Counseling for individuals, family, children, adolescents, parenting classes, and support groups for adults	5445 Balboa Blvd., Encino, CA 91316	(818) 386-5690 x 225 for Spanish speaking counselors	Sliding Scale Fee
Friends of the Family (FOF)	Individual, Family and Children counseling.	16861 Parthenia Street, North Hills, CA 91343	(818) 988-4430	Sliding Scale Fee
Grandparents As Parents	Grandparents raising at risk children; Bilingual	22048 Sherman Way, Suite 217, Canoga Park CA 91303	(818) 264-0880	Non-Profit, Sliding Scale Fee

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Community Referral List - San Fernando Valley...(Cont.)

Name of Clinic	Services	Address	Phone Number	Fees
Valley Family Center	Individual, Family and Group Counseling. Also works with DV and abuse survivors; Bilingual	320 South Brand Blvd. San Fernando, CA 91340	(818) 365-8588	Free or Sliding Scale
Center for Individual & Family Counseling	Counseling for adults, children, couples, families, parenting classes	5445 Laurel Canyon Blvd., No Hollywood, CA 91607	(818) 761-2227	Sliding fee scale: \$25 - \$110

Community Referral List - Ventura County

Name of Clinic	Services	Address	Phone Number	Fees
Gladstone Counseling Center	Free depression screening, provides resources and information about services for survivors of child abuse	530 W Ojai Ave # 208 Ojai, CA 93023	(805) 646-9724	Sliding Fee Scale
Interface Children and Family Services	A social service agency providing counseling and mediation for individuals and families, crisis counseling, services in Spanish and English	4001 Mission Oaks Blvd, Suite # I Camarillo, CA 93012	(805) 485-6114	Sliding Fee Scale
Jewish Family Service	Counseling for children, couples, families, and individuals of all faiths	80 E Hillcrest Dr # 130 Thousand Oaks, CA	(805) 496-3896	Sliding Fee Scale
		857 E. Main St. Ventura, CA 93001	(805) 641-6565	Sliding Fee Scale
Vista Del Mar Hospital	Inpatient treatment for adolescents, ages 12-17, inpatient hospitalization to diagnose and treat emotional, behavioral, and psychiatric disorders	801 Seneca St. Ventura, CA 93001	(805) 653-6434	

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Los Angeles and San Fernando Valley - Bilingual Centers

Name of Clinic	Services	Address	Phone Number	Fees
Filipino American Services Group	Serving children and families, sliding scale	135 W. Park View Street Los Angeles, CA 90026	(213) 487-9804	Sliding Fee Scale
UCLA Spanish Psych. Clinic	Counseling for individuals and families	300 UCLA Medical Plaza Los Angeles, CA 90024	(310) 825-6501	Sliding Fee Scale
Child and Family Guidance Center (Spanish)	Counseling for children ages 7-17 and their parents	9650 Zelzah Avenue Northridge, CA 91325	(818) 993-9311	

Los Angeles and San Fernando Valley - Bilingual Centers

Name of Clinic	Services	Address	Phone Number	Fees
El Centro de Amista, Inc	Multilingual, cross cultural organization providing services to families and individuals	566 S. Brand Blvd. San Fernando CA, 91340	(818) 898-0223	Medi-Cal
		7038 Owensmouth Ave. Canoga Park, CA 91303	(818) 347-8565	Medi-Cal
Intercommunity Child Guidance Center	Serving children to 18 years of age, Parenting classes available	10155 Colima Road Whittier, CA 90603	(562) 692-0383 x241	Sliding scale \$0-\$81
Open Paths Counseling Center	Counseling for Adults, Children and Families	5731 W. Slauson Avenue Suite 175 Culver City, CA 90230	English- (310) 258-9677 Spanish- (310) 967-6090	Sliding Fee Scale \$20-\$40 per session
Dr. James McGough (psychiatrist)	Adults and children, Out of UCLA		(310) 794-7841	Sliding Fee Scale
UCLA NIPH Spanish Psych. Clinic	Serves LA and Orange County	300 UCLA Medical Plaza Los Angeles, CA 90024	(310) 825-0070	
Southern California Psychiatric Society	Referrals to psychiatrists	Website - www.socalpsych.org	(800) 794-4664 / (310) 815-3650	

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The Los Angeles Child Guidance Clinic	Counseling for children/families, Testing for children, Parenting classes	3787 S. Vermont Los Angeles, CA 90007	(323) 766-2345	Sliding Fee Scale
San Fernando Valley Counseling Center		8350 Reseda Blvd. Northridge, CA 91324	(818) 341-1111	