



Secretariat of Pro-Life Activities

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Prayers:

Prayer For Renewed Strength

O Lord, my God,
Please give me the grace to maintain my hope in you
through all of life's changes
and to taste and see your goodness.
I praise you for the gifts you have showered
on me for so many years.
Help me find joy in a renewed
strength of spirit. Please bless me with good
health, and inspire me to be a good example to others.
For you are Lord, forever and ever. Amen.

A Blessing Prayer for Those Who Are Sick

Excerpts from the English translation of *Pastoral Care of the Sick: Rites of Anointing and Viaticum* © 1982, International Committee on English in the Liturgy, Inc. All rights reserved.

All praise and glory is yours, Lord our God,
for you have called us to serve you in love.
Bless N., so that he/she may bear this illness
in union with your Son's obedient suffering.
Restore him/her to health, and lead him/her to glory.
We ask this through Christ our Lord. Amen.

A Blessing Prayer for An Elderly Person Who is Sick

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All praise and glory is yours, Lord our God,
for you have called us to serve you in love.
Bless all who have grown old in your service,
and give N. strength and courage
to continue to follow Jesus your Son.
We ask this through Christ our Lord. Amen.

Prayer of the Elderly, Bl. Pope John Paul II, 1999

Grant, O Lord of life,
That we may savor every season of our lives as a gift
filled with promise for the future.
Grant that we may lovingly accept your will,
and place ourselves each day in your merciful hands.
And when the moment of our definitive "passage" comes,
grant that we may face it with serenity,
without regret for what we shall leave behind.
For in meeting you,
after having sought you for so long,
we shall find once more every authentic good
which we have known here on earth,
in the company of all who have gone before us
marked with the sign of faith and hope.
Mary, Mother of pilgrim humanity,
pray for us "now and at the hour of our death."
Keep us ever close to Jesus, your beloved Son and our bother,
the Lord of life and glory. Amen!

Prayer For All About To Die

Lord Jesus Christ,
as you stood by the bed of good Saint Joseph
and gently led him home to heaven,
so shepherd every soul about to die
to a paradise of perfect peace.
Let the tears we shed upon their passing
stand witness to our love for them
and the depth of our thanksgiving
for the gift of their lives
and the grace of a good death.
For you are Lord, forever and ever. Amen.