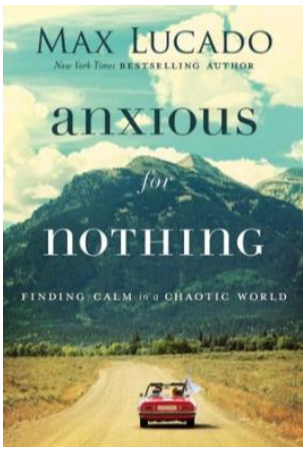


FAITH SHARING GROUP ~ ANXIOUS FOR NOTHING: FINDING CLAM IN A CHAOTIC WORLD by Max Lucado

Week 3 Chapter 4 & 5

Check in Question: How is your amygdalae?

Opening Prayer

He makes grass grow for the cattle,
and plants for people to cultivate—
bringing forth food from the earth:
wine that gladdens human hearts,
oil to make their faces shine,
and bread that sustains their hearts.

Rejoice in the Lord — *Always*

1. As a Christian, have you ever asked, "Does God care?" Only to discover that God answered you in a way you never expected?
2. When have you had a "But God" moment? A moment when everything seemed to be going one way—but God opened another possibility?
3. What would it mean for you to "wear your hope" rather than "wear your hurt"? When have you consciously chosen hope even though the hurt was still there?
4. Do you ever feel that staying faithful should earn you a reward? Does part of you believe God owes you something for your perseverance? Be honest with yourself. Why or why not?
5. If you believe in Jesus and know yourself as a beloved child of God, this life is small compared with eternity. How might you refocus your attention—and direct your affection, identity, and purpose—toward the life that is to come? '

Ask God for Help

6. When have you had a "Vasili Arkhipov" moment? A moment when you could have reacted quickly or followed the crowd, but something—or Someone—helped you pause, discern, and choose a different path?
7. When do you feel most alone? Is it a particular situation, person, experience, or season of life? Who do you turn to when you feel alone? Have they ever let you down—or even made the loneliness feel greater? Where is God in those moments?
8. At the feeding of the five thousand, Jesus saw something the disciples did not yet see. He saw possibility where they saw scarcity. Has Jesus ever helped you see something differently than you initially did? Has he ever revealed a mission, possibility, or purpose that you could not see on your own?

9. What obstacle are you carrying that you could surrender to God? What would it look like—not simply to ask God to remove it, but to trust God with it?

Closing Prayer

For whom and what shall we pray?

When peace like a river, attendeth my way
When sorrows like sea billows roll
Whatever my lot, thou hast taught me to say
It is well, it is well, with my soul

Though Satan should buffet, though trials should come
Let this blest assurance control
That Christ has regarded my helpless estate
And hath shed His own blood for my soul

My sin, oh, the bliss of this glorious thought!
My sin, not in part but the whole
Is nailed to the cross, and I bear it no more
Praise the Lord, praise the Lord, o my soul!

And Lord, haste the day when the faith shall be sight,
The clouds be rolled back as a scroll;
The trumps shall resound, and the Lord shall descend,
Even so, it is well with my soul.

It is well, it is well, with my soul