

KEEPING FAITH FIRST- FAMILY FUN

I G W Z D H P F M X
O F V E Q M T A X Q
B K E P A B L R U N
U D R L C T P Z A F
S E L P I C S I D E
H L A M P S T A N D
E F I X Z R D C Z E
L N N R M L Q V I L
B E W S T K B J V P
A D E J D S Y T M M
S D M B A O W S O A
K I S L G F T P U R
E H T E N I H S N T
T T G L D I S N T E
B B S C I L F E A U
Y I C A R G X A I B
P U M C T D H H N R
O I L L U V X T J W
Q X N L J S U Z O V

BUSHEL BASKET LIGHT
DEEDS MOUNTAIN
DISCIPLES SALT
EARTH SHINE
HIDDEN TASTE
LAMP TRAMPLED
LAMPSTAND

Catechizing Corner!

The first metaphor used in Matthew's account of the sermon on the mount is the metaphor of salt. In the ancient world salt was used as a means to preserve food. Thus it was logical for salt to be used as a symbol of preservation and permanence. Salt was also used for purification of people, conquered lands, and sacrifices. Salt was also a sign a possibility. People who lived together were united in a sacred bond of friendship through the sacred sign of salt.

The second metaphor Matthew uses is light. Light is the primary symbol in our church today. Disciples are called to be the light of the nations, by their life and examples they are to reveal God to the multitudes, just as Jesus did by the sacrifice of his life. The reference to a city is probably an allusion to the lights of a city at night. Scholars suggest that Isaiah 2: 2-5 serves as a backdrop of this image. Jerusalem, a city built on the mountain of Zion, was used to be the place where the light of the Lord would be revealed to the world. Disciples are to become the beacon on the hill, the city that lights up the world. There are salt and light because Jesus calls them and they responded. They are therefore expected to reveal what they are. They are to let their light shine for all to see, and to show by their behavior that they are salt and light in the midst of darkness.

This is not an exhortation to an individual. The "you" is plural. Today's gospel is a challenge to the community as a whole. Matthew's exhortation emphasizes the universal and corporal mission of the church. We are all in this together. To be light is the job of everyone as a unified body. The church is called to be visible.

*Mary Birmingham, Word and Worship Workbook,
Cycle A Paulist Press*



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Disciple's Reflection

for the

Question of the Week

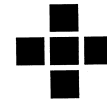
Fifth Sunday in Ordinary Time
2/5/2023

A Call to Prayer

The Word of God
Matthew 5:13-16

Faith Sharing
Questions of the week

Closing Prayer



HOLY FAMILY CHURCH

Holy Family is a welcoming Catholic Eucharistic community of disciples of Jesus Christ connecting faith with life and reaching out to those in need!

Call to Prayer

Begin by calling upon God: In the Name of the Father, and of the Son, and of the Holy Spirit, Amen.

Let us pause for a moment and listen attentively to this week's passage.

The Word of God Matthew 5:13-16

A reading from the holy Gospel according to Matthew

Jesus said to his disciples:

"You are the salt of the earth.

But if salt loses its taste, with what can it be seasoned?

It is no longer good for anything but to be thrown out and trampled underfoot.

You are the light of the world.

A city set on a mountain cannot be hidden.

Nor do they light a lamp and then put it under a bushel basket; it is set on a lampstand, where it gives light to all in the house.

Gospel Glossary

A city set on a mountain: Probably means Jerusalem.

Just so, your light must shine before others,
that they may see your good deeds
and glorify your heavenly Father."

The Gospel of the Lord

Faith Sharing

Questions of the Week:

Adults: Who is the light in your world? Why?

Teens: Salt enhances taste. What in our world needs to be enhanced?

Children: What kinds of food do you like to put salt on?

Families: Make Popcorn and do not salt it. After you eat a few bites realizing the absence of salt have a discussion on what might be absent within your household?

Closing Prayer

Lord, You have called us to be your disciples, to live in faith, walking always in your footsteps. By your suffering, death, and resurrection, you have made us children of God. As you have loved us and asked us to love one another, help us to love and embrace everyone in our lives.

Fill us with love, compassion, forgiveness, patience, understanding, and tolerance, even when we face the pain of hatred, rejection, and failure.

Guide us to be good disciples. May we seek always the praise and glory of God and the good of all people. We make this prayer through Christ our Lord. Amen.

Fifth Sunday in Ordinary Time