

## KEEPING FAITH FIRST- FAMILY FUN

H A N D E D R V H U  
R V L A S T O I U I  
Z N G O R A B G M V  
Q L D A R W A R B N  
T M E Y K D L A L E  
Y H Q O R J G C E V  
R L I K L J I I F A  
L E T E N W U O U E  
J S V M W K R U N H  
B U M E O I Y S J Z  
M D E T A X S W G E  
Z T L F H L E H N E  
E S I A R P E B E N  
Y U I H E E U D E S  
A J G L T R H D F M  
Y E A T D R D T E A  
S U S E J I A E A I  
S K N F H Q K E J F  
Z E L I G H T C F F  
D A H R T N R F I G

BURDEN  
BURDENED  
EARTH  
FATHER  
GRACIOUS  
HANDED  
HEART  
HEAVEN

HIDDEN  
HUMBLE  
JESUS  
LABOR  
LIGHT  
LORD  
MEEK  
PRAISE

REVEALED  
WISHES  
YOKE

## Catechizing Corner!

Jesus tells the *childlike* that his burden is light and that he will give us rest. We must conclude that living in the reign of God is not as difficult as it might sometimes appear. The ultimate command is to love, and love casts out fear. Our hope is that God will be with us, strengthen us, and give us what we need. Our responsibility is to love God and extend that love to others. The conclusion to the sequence of the last three weeks ends in a spirit of joy. The disciple's hearts must have been bursting with joy and trust as they listened to the good news from the mouth of the master himself.

We strengthen and nourish our childlike trust through our participation in the sacraments, especially the Eucharist. Liturgy is the place where we bring the concerns of life. We give thanks and praise to God; we take, bless, break, and share the body of Christ. Before we come to the table we ask to be delivered from worry and, like the bread and wine, we also are taken, blessed, broken, shared, and poured out for others. The Eucharist transforms us and empowers us to be the meek and humble servants that Jesus is speaking of in today's liturgy.

*Mary Birmingham, Word and Worship Workbook,  
Cycle A Paulist Press*



**Holy Family Catholic Church**  
South Pasadena, CA  
[www.holyfamily.org](http://www.holyfamily.org)

## Disciple's Reflection

for the  
**Question**  
of the Week

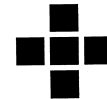
Fourteenth Sunday in Ordinary  
Time  
7/9/2023

A Call to Prayer

The Word of God  
Matthew 11:25-30

Faith Sharing  
Questions of the week

Closing Prayer



**HOLY FAMILY CHURCH**

**Holy Family is a welcoming Catholic Eucharistic community of disciples of Jesus Christ connecting faith with life and reaching out to those in need!**

## Call to Prayer

*Begin by calling upon God:* In the Name of the Father, and of the Son, and of the Holy Spirit, Amen.

Let us pause for a moment and listen attentively to this week's passage.

## The Word of God Matthew 11:25-30

### A reading from the holy Gospel according to Matthew

At that time Jesus exclaimed: "I give praise to you, Father, Lord of heaven and earth, for although you have hidden these things from the wise and the learned you have revealed them to little ones. Yes, Father, such has been your gracious will. All things have been handed over to me by my Father. No one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son wishes to reveal him."

"Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn

### Gospel Glossary

To **labor** means to work very hard.

**Burdened** means overworked and tired.

from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light."

### The Gospel of the Lord



## Faith Sharing

### Questions of the Week:

**Adults:** As you go about your daily life, dying in love for others, how do you experience Christ giving you consolation and peace?

**Teens:** Jesus invites us to bring him our burdens and promises us that he will give us rest. How do you rely on Jesus during times of trouble?

**Children:** When has Jesus helped you?

**Families:** When you are generous, honest, and loving, how do you know it is Jesus who helps you do that?

## Closing Prayer

Lord, You have called us to be your disciples, to live in faith, walking always in your footsteps. By your suffering, death, and resurrection, you have made us children of God. As you have loved us and asked us to love one another, help us to love and embrace everyone in our lives.

Fill us with love, compassion, forgiveness, patience, understanding, and tolerance, even when we face the pain of hatred, rejection, and failure.

Guide us to be good disciples. May we seek always the praise and glory of God and the good of all people. We make this prayer through Christ our Lord. Amen.

*Fourteenth Sunday in Ordinary*