

Faith Sharing Group ~~ Rethinking Catholic Devotions
Week 3 Chapters 5 & 6

Opening prayer:

Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Check in Question

How were you first introduced to the Virgin Mary?

Reflection questions for Chapters 5 & 6

1. What story or moment from Mary's life in Scripture challenges you to move beyond devotion and put your faith into action?
2. In what ways do you seek to follow Mary's example in your own life?
3. What Marian devotion was part of your upbringing, or has become meaningful to you over the years? What has it meant to you?
4. Which image of Mary do you relate to most: the Mother of God, a young woman facing an unexpected pregnancy, a woman who may have experienced widowhood, or a grieving mother? What draws you to that image?
5. What do you remember most about your First Holy Communion? How has that experience shaped your relationship with the Eucharist?
6. Can you recall a time when you experienced the Eucharist as more than a ritual—as a profound encounter with Christ? What was happening, and what made the experience meaningful?
7. In the four movements of Eucharistic spirituality—taken, blessed, broken, and given—which speaks most deeply to you at this point in your life? Why?
8. There is a saying, "You are what you eat." If we are nourished by the Body of Christ, how is the Eucharist shaping you to become more like Jesus in your choices, relationships, and care for others?

Closing Prayer:

For Whom and what shall we pray?

Loving God,

Thank you for gathering us together to share our faith and reflect on the gift of the Eucharist. Thank you for giving us Jesus, who becomes food for our journey and reminds us that we are never alone.

As we receive the Body of Christ, help us to recognize Christ's presence not only at the altar, but also in one another and in the people we meet each day. May the Eucharist strengthen us to love more generously, forgive more freely, and serve with open hearts.

Send us forth as the Body of Christ, ready to bring your love, compassion, and hope into our families, our parish, and our world.

May our lives become a prayer of thanksgiving for this precious gift.

We ask this through Christ our Lord. Amen.