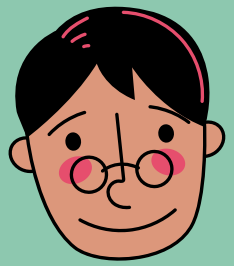
Reflection Question of the Week

Gospel: Matthew 5:1-12a

Solemnity of All Saints

November 1, 2026





What is one thing you can do this week to show kindness to someone?

Children



When is it difficult to live like a peacemaker, and what might help you follow Jesus' example?

Teens



As a family, which Beatitude would you most like to practice this week, and what is one concrete thing you can do together to bring Jesus' love and peace to others?

Families

Which Beatitude speaks most deeply to your life right now, and how might it invite you to grow?

Adults





Gospel Glossary

Mourn: To feel sorrow or deep sadness because of a loss, suffering, or difficult situation.

Meek: To be gentle, humble, and patient rather than aggressive or demanding.

Righteousness: The quality of doing what is right, fair, and morally good.

Peacemakers: People who help resolve conflicts, encourage understanding, and bring others together.

Persecuted: People who are treated unfairly, harmed, or punished because of their beliefs, identity, or actions.

The Word of God

Matthew 5:1-12a

When Jesus saw the crowds, he went up the mountain, and after he had sat down, his disciples came to him. He began to teach them, saying: "Blessed are the poor in spirit, for theirs is the Kingdom of heaven. Blessed are they who **mourn**, for they will be comforted. Blessed are the **meek**, for they will inherit the land. Blessed are they who hunger and thirst for **righteousness**, for they will be satisfied. Blessed are the merciful, for they will be shown mercy. Blessed are the clean of heart, for they will see God. Blessed are the **peacemakers**, for they will be called children of God. Blessed are they who are **persecuted** for the sake of righteousness, for theirs is the Kingdom of heaven. Blessed are you when they insult you and persecute you and utter every kind of evil against you falsely because of me. Rejoice and be glad, for your reward will be great in heaven."

Closing Prayer

Heavenly Father,
help us to be humble, merciful, pure in heart, and peacemakers. Give us strength to remain faithful through challenges and the grace to share Your love with others. May we always seek Your kingdom and rejoice in Your promises.
Through Christ our Lord. Amen.