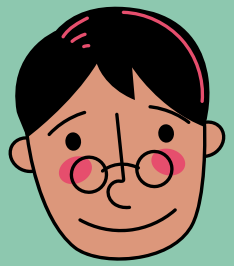
Reflection Question of the Week

Gospel: Matthew 25:31-46

Solemnity of Our Lord Jesus Christ, King of the Universe

November 22, 2026





What is one thing you can do this week to show love to someone who needs help?

Children



Who in your school or community might feel unnoticed or excluded, and how could you reach out to that person?

Teens



As a family, what is one practical way you can reach out to someone who is lonely, struggling, or in need of help this week?

Families

Where do you encounter people in need in your daily life, and what might Jesus be asking you to do in response?

Adults





Gospel Glossary

Inherit: To receive or be given something of value, such as a gift, benefit, responsibility, or legacy.

Foundation: The underlying basis, principles, or beliefs upon which something is built or established.

Righteous: A person who strives to do what is right, just, honest, and morally good in their thoughts, words, and actions.

Accursed: To be under judgment or condemnation because of wrongdoing, disobedience, or rejection of what is right.

Minister: To serve, help, care for, or provide support to others, especially those who are struggling or in need.

Eternal: Something that has no end; everlasting or continuing forever.

The Word of God

Matthew 25:31-46

Jesus said to his disciples: "When the Son of Man comes in his glory, and all the angels with him, he will sit upon his glorious throne, and all the nations will be assembled before him. And he will separate them one from another, as a shepherd separates the sheep from the goats. He will place the sheep on his right and the goats on his left. Then the king will say to those on his right, 'Come, you who are blessed by my Father. **Inherit** the kingdom prepared for you from the **foundation** of the world. For I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me, naked and you clothed me, ill and you cared for me, in prison and you visited me.' Then the **righteous** will answer him and say, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? When did we see you a stranger and welcome you, or naked and clothe you? When did we see you ill or in prison, and visit you?' And the king will say to them in reply, 'Amen, I say to you, whatever you did for one of the least brothers of mine, you did for me.' Then he will say to those on his left, 'Depart from me, you **accursed**, into the eternal fire prepared for the devil and his angels. For I was hungry and you gave me no food, I was thirsty and you gave me no drink, a stranger and you gave me no welcome, naked and you gave me no clothing, ill and in prison, and you did not care for me.' Then they will answer and say, 'Lord, when did we see you hungry or thirsty or a stranger or naked or ill or in prison, and not **minister** to your needs?' He will answer them, 'Amen, I say to you, what you did not do for one of these least ones, you did not do for me.' And these will go off to **eternal** punishment, but the righteous to eternal life."

Closing Prayer

Heavenly Father,
Help us to see others through Your eyes and to serve those in need with love, kindness, and compassion. Give us generous hearts and willing hands, reminding us that every act of kindness reflects our love for You. May we never turn away from someone in need, but always show Your grace through our actions.
In Jesus' name, Amen.