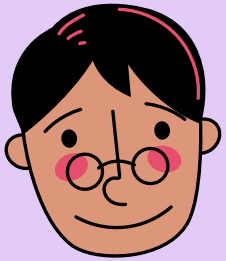
Reflection Question of the Week

Gospel: Mark 13:33-37

First Sunday of Advent

November 29, 2026



How can you show Jesus that you are ready to follow him through the kind things you do each day?

Children



What things in your life can distract you from God, and what can help you pay attention to God's presence?

Teens



What is one thing your family can do this week to make more room for prayer, kindness, and noticing God's presence in your everyday lives?

Families



What helps you remain attentive to God in the midst of your daily responsibilities, and where might God be inviting you to respond more fully?

Adults





Gospel Glossary

Watchful: Being alert, attentive, and aware of what is happening around you; staying prepared and not becoming careless or distracted.

Abroad: Away from one's home or familiar surroundings; being somewhere else, often for travel, work, or other responsibilities.

Gatekeeper: A person responsible for guarding, protecting, or controlling access to a place; someone entrusted with watching over something important.

Cockcrow: The time early in the morning when a rooster crows, often symbolizing the beginning of a new day or a moment of awakening and awareness.

The Word of God

Mark 13:33-37

Jesus said to his disciples:
"Be **watchful** ! Be alert !
You do not know when the time will come.
It is like a man traveling **abroad**. He leaves home and places his servants in charge, each with his own work, and orders the **gatekeeper** to be on the watch. Watch, therefore; you do not know when the lord of the house is coming, whether in the evening, or at midnight, or at **cockcrow**, or in the morning. May he not come suddenly and find you sleeping. What I say to you, I say to all: 'Watch!'"

Closing Prayer

Heavenly Father,
Help us to remain watchful, faithful, and prepared in all that we do. Keep our hearts focused on You, and guide us to use each day wisely and purposefully. Give us strength to remain steadfast in our faith and ready to fulfill the responsibilities You have entrusted to us.
In Jesus' name, Amen.