



## **Adult Confirmation**

Make up for Session 1

Prayer

### 1. Information about this process

- We'll gather Thursdays, each session lasting approximately two hours. Your presence is expected at every meeting. In the event of an absence, please refer to our website for makeup projects.
- Kindly provide a copy of your baptismal certificate.
- Sponsors must be joyful and healthy Catholics who have undergone confirmation themselves, excluding parents.
- Each candidate will receive two tickets for the Confirmation ceremony. However, the event will be live-streamed for public viewing, and anyone is welcome to join the Simulcast in our parish hall.
- Confirmation confirms baptism and marks the culmination of the initiation sacraments.

### 2. [Read the outline about prayer](#)

### 3. [Watch the video about how to pray](#)

### 4. [Go on a walk with God](#) (use this hyperlink to help on the 40 minute walk)

### 5. Write a letter to me. Describe one thing that happened during your prayer time.

Please submit your answers to Dawn and email them to her at [dponnet@holyfamiy.org](mailto:dponnet@holyfamiy.org) or give them to her in written form.