



## Adult Confirmation

Make up for Session 2

Discipleship

### Step 1

Please watch the show **How to be a Good Disciples of Christ** presented by **Fr. Mike Schmitz**



<https://media.ascensionpress.com/video/how-to-be-a-good-disciple-of-christ/>

### Step 2

Read **Luke 9:23-26** (Take Up Your Cross and Follow Me).  
Then, reflect on these questions:

1. What does Jesus mean when He says, "Whoever wishes to come after me must deny himself, take up his cross daily, and follow me"?
2. What does self-denial look like in everyday life?
3. How is discipleship more than just believing in Jesus?

### Step 3

Write a **one-page reflection** (about 300 words) responding to these prompts:

- What is one key takeaway from the video?
- How does Jesus' call to discipleship challenge or inspire you personally?

- Identify one concrete way you can grow as a disciple in your daily life.

Please submit your answers to Dawn and email them to her at [dponnet@holyfamily.org](mailto:dponnet@holyfamily.org) or give them to her in written form.